Ysgol Pentrehafod

Pentrehafod School



Diversity (LGBT+) Policy Polisi Amrywiaeth (LGBT+)

Introduced July 2021

Cyflwynwyd Gorffennaf 2021

Due to be reviewed July 2022

Disgwylir iddo gael ei adolygu ym mis Gorffennaf 2022

Created by:

M Goulding

N Trotman

Diversity Working party & Student Parliament

Article 17

"You have the right to get information that is important to your well-being"









Table of Contents

| Contents | Page No. |
|--|----------|
| Policy Aims | 3 |
| Context | 3 |
| 1. Introduction | 3 |
| 2. Legislation | 4 |
| 3. Early Help Process | 5 |
| 4. Terminology and Language | 6 |
| 5. The Curriculum | 7 |
| 6. Changing Room and Toilet Facilities | 8 |
| 7. School Uniform | 8 |
| 8. Residential Trips | 9 |
| 9. Confidentiality | 9 |
| Appendix 1 - Further Information | 10 |
| Appendix 2 - Glossary | 11 |
| Document Management | 24 |



Policy Aims

- Promote and celebrate diversity of all students within education by improving services for LGBT+ students.
- Ensure that governors and teachers are able to deal with matters relating to LGBT+.
- Provide practical guidance to schools on specific issues.
- Challenge bullying and discrimination.
- Promote positive attitudes to gender diversity by including trans issues within activities relating to discrimination, hate crime, diversity and inclusion.
- Fulfilling the corporate responsibilities as outlined in the Strategic Equality Plan.

Context

Every child has a right to feel safe and supported at their school yet 45% of LGBT+ students are bullied for being LGBT+. Bullying can have a negative impact on mental health and sadly, 45% of transgender young people have attempted to take their own lives. LGBT+ students in schools that promote LGBT+ inclusion are less likely to be bullied, report feeling safer and happier, are more likely to say they have someone to talk to as well as feeling more a part of the school community. The Equality Act 2010 states that Being LGB or T is considered a protected characteristic under the act. Schools have a public sector equality duty to eliminate discrimination, advance the equality of opportunity and foster good relations within their school.

1. Introduction

 The 2019 West Glamorgan Safeguarding board stated that 'In West Glamorgan, we want all of our children and young people to feel safe and happy. Learning can only take place when young people feel that their needs are being met.'



- At Pentrehafod School, we consider gender as a spectrum and take a non-binary approach to gender. Gender is often an important part of our identity and developing a positive sense of gender identity is part of growing up.
 However, gender identity is often complex and there is a spectrum of gender which is wider than just male and female.
- Practice to support transgender children is embedded across school policies and curriculum and builds on best practice already in place to eliminate discrimination, harassment and victimisation; advance equality of opportunity and foster good relations. This Diversity Policy (LGBT+) seeks to provide a broad overview of the needs of transgender children and their families.
- Transgender children and young people are usually dependent on their parents for care, shelter, financial support, and other needs, and because most doctors are reluctant to provide medical treatments to them, transgender children and young people face different challenges compared to adults.
- Transgender issues manifest at different times in life in different individuals. In most cases of gender dysphoria, the condition is often apparent in early childhood, when such a child may express behaviour incongruent with and dissatisfaction related to their assigned gender.

2. Legislation

- Legislation states that schools must not discriminate against a pupil because of their transgender status. There is no legal requirement for schools, as there is with disability, to make 'reasonable adjustments' for transgender pupils but schools may take a similar approach to ensure that the needs of transgender pupils are catered for.
- Pentrehafod School will endeavour to make reasonable adjustments and steps to meet the needs of transgender pupils. The practicalities and arrangements for such adjustments will vary from school to school.



- Pentrehafod School will ensure that it fully complies with the following
 - o The Human Rights Act 1998
 - Equality Act 2010 (Great Britain)

3. Early Help Process

- In 2019, the West Glamorgan Safeguarding board have identified the following behaviours you may notice of a Transgender child or young person who may need additional support:
 - Lack of concentration
 - Poor educational performance
 - Or conversely, total immersion in school work
 - Reluctance to use the school toilets
 - Reluctance to do physical exercise especially if it is strongly associated to the birth gender, including a reluctance to use the showers and changing rooms
 - Truanting
 - Sickness and Absenteeism
 - o Self-harm
 - o Often at the receiving end of bullying, sometimes severe
 - Often homophobically bullied
 - Few friends
 - Depression
 - Eating Disorders
- Some children may exhibit many of the above signs for other reasons than gender identity issues; however, they do show that the child may be very unhappy and needs further support.
- Pentrehafod School will offer support to any transgender child or young person by identifying their individual needs.



 It must be understood that some transgender people may not want any treatment. Some may choose to be known by a different name or to wear different clothes. However, most or all young transgender people (and their families) will need some expert/ specialist support as they grow up and develop.

4. Terminology and language

- The correct terminology and language should be used and in order to do
 this there may need to be some education in lessons around sexual
 orientation and gender so that staff and pupils have a clear understanding
 that sexual orientation and gender identity are two completely different
 things.
- For the matter of fairness and inclusion, it is extremely important that the correct gender, name and pronouns are used correctly to address transgender pupils.
- Pentrehafod School will respect a young person's request to change name and pronoun is crucial in supporting and validating that young person's identity. Individuals have the right to choose the name and pronoun by which they are known to by staff and fellow pupils. This will be completed in partnership with the parents and carers of the young person.
- Pentrehafod School has a robust anti-bullying policy. In line with this policy, transphobia incidents will be recorded and dealt with in the same manner as other incidents that are motivated by prejudice, e.g. racist or homophobic incidents. Please refer to the anti-bullying policy for further information.



5. The Curriculum

- The issues connected to LBGTI+ equality and will be visited for all students, during relationship and sexuality education. The aim of these lessons is to raise awareness of LGBT issues. In addition to this, lessons should include diverse issues, where relevant and purposeful.
- AOLE Leads must ensure there is a wide range of diversity when planning lessons for all key stages. The School library will also display a wide range of diverse books.
- Pentrehafod school will Celebrate LGBT+ History month and ensure there is a display posters of positive LGBT+ role models around the school.
- Sports and Physical Education is a key aspect of the national curriculum and the physical and mental well-being of young people. Physical Education develops pupil's competence and confidence to take part in a range of physical activities that become a central part of their lives, both in and out of school.
- A young Transgender person has the same right to Physical Education as other young people. With regard to young Transgender people at school, there should be reasonably few, if any, issues regarding participation within the sports of their true gender.
- There may be sports where, as puberty develops, male to female (M2F)
 Transgender participants may have a physical advantage over other girls
 but this should not present a problem within a carefully and sensitively
 managed lesson context.
- The issue of physical risk within certain sports should also be managed properly within the lesson context rather than preventing young Transgender people from participating (which would be discriminatory). It may be that due to the nature of contact and physicality of sports such as rugby, the school would consider whether a Transgender person participating in full contact lessons is appropriate towards the latter stages of puberty. These decisions will be taken in consultation on an individual basis and a full risk assessment completed, if need be.



• The pupil should be given the choice as to whether they wish to partake in swimming lessons or not. If the trans pupil wishes to partake in swimming lessons then a risk assessment of the changing facilities should be completed. There must be careful consideration, in consultation with the pupil and in line with the health and safety policy of the leisure centre or swimming pools health and safety procedures. For example, it may be against health and safety regulations to wear a t-shirt in the swimming pool and therefore would be more appropriate for a F2M pupil to wear an all in one wetsuit or similar.

6. Changing Room and toilet Facilities

- Facilities for transgender pupils will be sensitive to their needs and also recognise the needs and sensitivities of other students.
- At Pentrehafod School we will consult with both the child and parents when making a decision on toilet facilities. Adaptations would be made to consider the wishes and needs of the parents and child.
- Students and staff are entitled to make use of toilets appropriate to their gender identity rather than biological sex.
- Pentrehafod School has a range of toilet facilities that transgender students can access. These include dedicated gender-neutral toilets, boys toilets and girls toilets.

7. School Uniform

 Transgender students will be expected to follow the School Uniform Policy, which covers uniform, make-up and jewellery and hairstyles. Students will be able to wear the correct uniform which is associated with their gender identity.



8. Residential Trips

• Careful consideration and preparation is needed where a transgender pupil is taking part in a residential trip. The sleeping arrangements will need to be thought about carefully before the trip takes place Risk assessments should be carried out prior to residential trips so that reasonable adjustments can be made to allow the pupil to participate.

9. Confidentiality

- All people have a right to privacy. This includes the right to keep private
 one's trans status or gender non- conforming presentation at school.
 Information about a child, young person or staff member's trans status,
 legal name, or gender assigned at birth also constitutes confidential
 medical information.
- School staff should not disclose information that may reveal a child or young person's transgender status or gender non-conforming presentation to others, including parents/carers and other members of the school community unless legally required to do so or because the child or parent/carer has given permission for them to do so.
- Staff need to be careful about discussing the trans gender child beyond the confines of the school. Trans children and staff have the right to discuss and express their gender identity openly and to decide when, with whom, and how much to share information.
- When contacting the parent or carer of a trans child or young person, school personnel should use the child or young person's legal name and the pronoun corresponding to their gender assigned at birth unless the child, young person, parent, or carer has specified otherwise.

Appendix 1:

Resources and further support

- West Glamorgan safeguarding boards transgender guidance for schools and other youth settings
 - http://www.wgsb.wales/media/13574/transgender-guidance-for-schools-and-other-youth-settings-final.pdf?v=20201027153015
- Tavistock and Portman Clinic- Gender Identity Development Service <u>www.tavistockandportman.nhs.uk/childrenyoungpeoplegenderidentityissue</u> <u>s</u>
- Mermaids- Family and Individual Support for Teenagers and Children with Gender Identity Issues www.mermaidsuk.org.uk
- Gender Identity Research and Education Society (GIRES) www.gires.org.uk
- Press for Change- The UK's Leading Expert in Transgender Law www.pfc.org.uk
- NHS- Live Well. Support for Young People
 www.nhs.uk/Livewell/Transhealth/Pages/Transyoungpeople.aspx
- Equality Advisory Service <u>www.equalityadvisoryservice.com</u>
- Good Vibes. Swansea's LGBT youth group. YMCA
- Transwiki wales https://www.tranzwiki.net/regions/wales



Appendix 2:

Glossary:

Glossary (adapted from https://bit.ly/1kkovDo)

agender - adj. : a person with no (or very little) connection to the traditional system of gender, no personal alignment with the concepts of either man or woman, and/or someone who sees themselves as existing without gender. Sometimes called gender neutrois, gender neutral, or genderless.

ally - noun: a (typically straight and/or cisgender) person who supports and respects members of the LGBTQ community.

androgyny/ous - adj. : 1 a gender expression that has elements of both masculinity and femininity.

androsexual / androphilic - adj. : being primarily sexually, romantically and/or emotionally attracted to some men, males, and/or masculinity.

aromantic – adj.: experiencing little or no romantic attraction to others and/or a lack of interest in romantic relationships/behaviour. Aromanticism exists on a continuum from people who experience no romantic attraction or have any desire for romantic activities, to those who experience low levels, or romantic attraction only under specific conditions, and many of these different places on the continuum have their own identity labels (see demiromantic). Sometimes abbreviated to "aro" (pronounced like "arrow"). Not all aromantic people are asexual.



asexual – adj.: experiencing little or no sexual attraction to others and/or a lack of interest in sexual relationships/behaviour. Asexuality exists on a continuum from people who experience no sexual attraction or have any desire for sex, to those who experience low levels, or sexual attraction only under specific conditions, and many of these different places on the continuum have their own identity labels (see demisexual). Sometimes abbreviated to "ace." Asexuality is different from celibacy in that it is a sexual orientation whereas celibacy is an abstaining from a certain action. Not all asexual people are aromantic.

bigender – adj. : a person who fluctuates between traditionally "woman" and "man" genderbased behaviour and identities, identifying with both genders (and sometimes a third gender).

bicurious - adj. : a curiosity about having attraction to people of the same gender/sex (similar to questioning).

binding – verb: a F2M adolescent that is developing breasts may strap down their chest so that it is less obvious. This can be hot, uncomfortable and restrictive but very important to their psychological and emotional wellbeing. It might make certain PE lessons difficult for them to participate in and could sometimes lead to breathing difficulties, skeletal problems and fainting.

biological sex – noun: a medical term used to refer to the chromosomal, hormonal and anatomical characteristics that are used to classify an individual as female or male or intersex. Often referred to as simply "sex," "physical sex," "anatomical sex," or specifically as "sex assigned at birth." Often seen as a binary but as there are many combinations of chromosomes, hormones, and primary/secondary sex characteristics, it's more accurate to view this as a spectrum (which is more inclusive of intersex people as well as trans-identified people). – Is commonly conflated with gender.



biphobia - noun: a range of negative attitudes (e.g., fear, anger, intolerance, invisibility, resentment, erasure, or discomfort) that one may have or express towards bisexual individuals. Biphobia can come from and be seen within the LGBTQ community as well as straight society.

Biphobic – adj.: a word used to describe an individual who harbours some elements of this range of negative attitudes towards bisexual people. Example of bi-invisibility and bi-erasure would be the assumption that any man in a relationship with a woman is straight or anyone dating someone of the same gender means you're gay. In neither case do we assume anyone could be bisexual. Really important to recognize that many of our "stereotypes" of bisexual people – they're overly sexual, greedy, it's just a phase – have harmful and stigmatising effects (and that gay, straight, and many other queer individuals harbour these beliefs too).

bisexual – adj.: 1 a person who is emotionally, physically, and/or sexually attracted to males/men and females/women. 2 a person who is emotionally, physically, and/or sexually attracted to people of their gender and another gender. This attraction does not have to be equally split or indicate a level of interest that is the same across the genders or sexes an individual may be attracted to. Can simply be shortened to "bi". Many people who recognize the limitations of a binary understanding of gender may still use the word bisexual as their sexual orientation label, this is often because many people are familiar with the term bisexual (while less are familiar to the term pansexual).

butch - noun & adj. : a person who identifies themselves as masculine, whether it be physically, mentally or emotionally. 'Butch' is sometimes used as a derogatory term for lesbians, but is also claimed as an affirmative identity label.



cisgender – adj.: a person whose gender identity and biological sex assigned at birth align (e.g., man and assigned male at birth). A simple way to think about it is if a person is not transgender, they are cisgender. The word cisgender can also be shortened to "cis." • "Cis" is a latin prefix that means "on the same side [as]" or "on this side [of]." cissexism – noun: behaviour that grants preferential treatment to cisgender people, reinforces the idea that being cisgender is somehow better or more "right" than being transgender, and/or makes other genders invisible.

closeted – adj.: an individual who is not open to themselves or others about their (queer) sexuality or gender identity. This may be by choice and/or for other reasons such as fear for one's safety, peer or family rejection or disapproval and/or loss of housing, job, etc. Also known as being "in the closet." When someone chooses to break this silence they "come out" of the closet. (See coming out) Coming Out – 1 the process by which one accepts and/or comes to identify one's own sexuality or gender identity (to "come out" to oneself). 2 The process by which one shares one's sexuality or gender identity with others (to "come out" to friends, etc.). This is a continual, life-long process. Everyday, all the time, one has to evaluate and re-evaluate who they are comfortable coming out to, if it is safe, and what the consequences might be.

cross-dresser - noun: someone who wears clothes of another gender/sex. demisexual - adj.: little or no capacity to experience sexual attraction until a strong romantic or emotional connection is formed with another individual, often within a romantic relationship.

drag king - noun : someone who performs masculinity theatrically.

drag queen - noun: someone who performs femininity theatrically.



Dyke – noun: referring to a masculine presenting lesbian. While often used derogatorily, it can be adopted affirmatively by lesbians (both more masculine and more feminine presenting lesbians) as a positive self-identity term.

emotional attraction – noun: a capacity that evokes the want to engage in romantic intimate behaviour (e.g., sharing, confiding, trusting, interdepending), experienced in varying degrees (from little-to-none, to intense). Often conflated with sexual attraction, romantic attraction, and/or spiritual attraction.

fag(got) - noun: derogatory term referring to a gay person, or someone perceived as queer. Occasionally used as a self-identifying affirming term by some gay men, at times in the shortened form 'fag' but this hasn't been embraced by the whole community.

feminine-presenting; masculine-presenting – adj. : a way to describe someone who expresses gender in a more feminine/masculine way.

fluid(ity) - adj.: generally with another term attached, like gender-fluid or fluid-sexuality, fluid(ity) describes an identity that may change or shift over time between or within the mix of the options available (e.g., man and woman, bi and straight).

FtM / F2M; MtF / M2F - abbreviation : female-to-male transgender or transsexual person; male-to-female transgender or transsexual person. gay - adj. : 1 individuals who are primarily emotionally, physically, and/or sexually attracted to members of the same sex and/or gender. More commonly used when referring to men who are attracted to other men, but can be applied to women as well. 2 An umbrella term used to refer to the queer community as a whole, or as an individual identity label for anyone who does not identify as heterosexual. "Gay" is a word that's had many different meanings throughout time. In the 12th century is meant "happy," in the 17th century it was more commonly used to mean "immoral" (describing a loose and pleasure-seeking person), and by the 19th it meant a female prostitute (and a "gay man" was a guy



who had sex with female prostitutes a lot). It wasn't until the 20th century that it started to mean what it means today.

gender binary - noun: the idea that there are only two genders and that every person is one of those two. gender expression - noun: the external display of one's gender, through a combination of dress, demeanour, social behaviour, and other factors, generally made sense of on scales of masculinity and femininity. Also referred to as "gender presentation."

gender fluid - adj. : gender fluid is a gender identity best described as a dynamic mix of boy and girl. A person who is gender fluid may always feel like a mix of the two traditional genders, but may feel more man some days, and more woman other days.

gender identity – noun: the internal perception of one's gender, and how they label themselves, based on how much they align or don't align with what they understand their options for gender to be. Common identity labels include man, woman, genderqueer, trans, and more. Often confused with biological sex, or sex assigned at birth.

gender neutrois - adj. : see agender. gender non-conforming - adj. : 1 a gender expression descriptor that indicates a nontraditional gender presentation (masculine woman or feminine man) 2 a gender identity label that indicates a person who identifies outside of the gender binary. Often abbreviated as "GNC."

gender normative / gender straight – adj. : someone whose gender presentation, whether by nature or by choice, aligns with society's gender-based expectations.



Gender neutral/gender inclusive pronouns: A gender neutral or gender inclusive pronoun is a pronoun which does not associate a gender with the individual who is being discussed. These are usually HE/SHE, HIM/HER, HIS/HER, HIMSELF/HERSELF, THEY/THEM.

genderqueer – adj. : a gender identity label often used by people who do not identify with the binary of man/woman; or as an umbrella term for many gender non-conforming or nonbinary identities (e.g., agender, bigender, genderfluid). may combine aspects man and woman and other identities (bigender, pangender); not having a gender or identifying with a gender (genderless, agender); moving between genders (genderfluid); third gender or othergendered; includes those who do not place a name to their gender having an overlap of, or blurred lines between, gender identity and sexual and romantic orientation.

gender variant – adj. : someone who either by nature or by choice does not conform to gender-based expectations of society (e.g. transgender, transsexual, intersex, gender-queer, cross-dresser, etc). gynesexual / gynephilic – adj. : being primarily sexually, romantically and/or emotionally attracted to some woman, females, and/or femininity.

hermaphrodite – noun: an outdated medical term previously used to refer to someone who was born with some combination of typically-male and typically-female sex characteristics. It's considered stigmatising and inaccurate. See intersex.

heterosexism - noun: behaviour that grants preferential treatment to heterosexual people, reinforces the idea that heterosexuality is somehow better or more "right" than queerness, and/or makes other sexualities invisible.

heterosexual - adj.: a person primarily emotionally, physically, and/or sexually attracted to members of the opposite sex. Also known as straight.



homophobia - noun: an umbrella term for a range of negative attitudes (e.g., fear, anger, intolerance, resentment, erasure, or discomfort) that one may have towards members of LGBTQ community. The term can also connote a fear, disgust, or dislike of being perceived as LGBTQ.

Homophobic – adj. : a word used to describe an individual who harbours some elements of this range of negative attitudes towards gay people. The term can be extended to bisexual and transgender people as well; however, the terms biphobia and transphobia are used to emphasise the specific biases against individuals of bisexual and transgender communities. May be experienced inwardly by someone who identifies as queer (internalised homophobia).

homosexual – adj. & noun: a person primarily emotionally, physically, and/or sexually attracted to members of the same sex/gender. This term is slightly outdated and due to its history as a category of mental illness can be considered stigmatising, other options would be gay and/or lesbian. • Until 1973 "Homosexuality" was classified as a mental disorder in the DSM Diagnostic and Statistical Manual of Mental Disorders. This is just one of the reasons that there are such heavy negative and clinical connotations with this term.

intersex - adj.: term for a combination of chromosomes, hormones, internal sex organs, and genitals that differs from the two expected patterns of male or female. Formerly known as hermaphrodite (or hermaphroditic), but these terms are now outdated and derogatory.

lesbian - noun & adj. : women who have the capacity to have sexual, romantic, physical, and/or spiritual attraction primarily or exclusively to other women.

LGBTQ; GSM; DSG - abbreviations : shorthand or umbrella terms for all people who have a non-normative (or queer) gender or sexuality, there are many different initialisms people prefer. LGBTQ is Lesbian Gay Bisexual Transgender and Queer and/or Questioning (sometimes people at a + at the end in an effort



to be more inclusive); GSM is Gender and Sexual Minorities; DSG is Diverse Sexualities and Genders. There is no "correct" initialism or acronym — what is preferred varies by person, region, and often evolves over time.

Mx. / "mix" / – an honorific (e.g. Mr., Ms., Mrs., etc.) that is gender neutral. It is often the option of choice for people who do not identify within the gender binary: Mx. Smith is a great teacher. outing – verb: involuntary or unwanted disclosure of another person's sexual orientation, gender identity, or intersex status.

Packing – a F2M person may wear a prosthetic item in their pants that will give a "bulge" in their trousers so as to appear more male.

pansexual - adj.: a person who experiences sexual, romantic, physical, and/or spiritual attraction for members of all gender identities/expressions. Often shortened to "pan."

passing – adj. & verb: 1 trans people being accepted as, or able to "pass for," a member of their self-identified gender identity (regardless of sex assigned at birth) without being identified as trans. 2 An LGB/queer individual who is believed to be or perceived as straight. Passing is a controversial term because it often is focusing on the person who is observing or interacting with the individual who is "passing" and puts the power/authority in observer rather than giving agency to the individual. While some people are looking to "pass" or perhaps more accurately be accepted for the identity that they feel most aligns with who they are "passing" is not always a positive experience. Not all trans people will want to 'pass'. Some individuals experience a sense of erasure or a feeling of being invisible to their own community when they are perceived to be part of the dominant group.



PGPs – abbreviation : preferred gender pronouns. Often used during introductions, becoming more common in educational institutions. Many suggest removing the "preferred," because it indicates flexibility and/or the power for the speaker to decide which pronouns to use for someone else.

queer – adj.: used as an umbrella term to describe individuals who don't identify as straight/cisgender. Also used to describe people who have a non-normative gender identity, or as a political affiliation. Due to its historical use as a derogatory term, it is not embraced or used by all members of the LGBTQ community. The term "queer" can often be used interchangeably with LGBTQ (e.g., "queer folks" instead of "LGBTQ folks"). If a person tells you they are not comfortable with you referring to them as queer, don't. Always respect individual's preferences when it comes to identity labels, particularly contentious ones (or ones with troubled histories) like this. Use the word queer only if you are comfortable explaining to others what it means, because some people feel uncomfortable with the word, it is best to know/feel comfortable explaining why you choose to use it if someone inquires.

questioning – verb, adj. : an individual who or time when someone is unsure about or exploring their own sexual orientation or gender identity.

sex assigned at birth (SAAB) – abbreviation : a phrase used to intentionally recognize a person's assigned sex (not gender identity). Sometimes called "designated sex at birth" (DSAB) or "sex coercively assigned at birth" (SCAB), or specifically used as "assigned male at birth" (AMAB) or "assigned female at birth" (AFAB): Jenny was assigned male at birth, but identifies as a woman.

sexual attraction – noun: a capacity that evokes the want to engage in physical intimate behaviour (e.g., kissing, touching, intercourse), experienced in varying degrees (from littleto-none, to intense). Often conflated with romantic attraction, emotional attraction, and/or spiritual attraction.



sexual orientation – noun: the type of sexual, romantic, emotional/spiritual attraction one has the capacity to feel for some others, generally labelled based on the gender relationship between the person and the people they are attracted to. Often confused with sexual preference.

sexual preference – noun: the types of sexual intercourse, stimulation, and gratification one likes to receive and participate in. Generally when this term is used, it is being mistakenly interchanged with "sexual orientation," creating an illusion that one has a choice (or "preference") in who they are attracted to.

sex reassignment surgery (SRS) – noun: used by some medical professionals to refer to a group of surgical options that alter a person's biological sex. "Gender confirmation surgery" 30 is considered by many to be a more affirming term. In most cases, one or multiple surgeries are required to achieve legal recognition of gender variance. Some refer to different surgical procedures as "top" surgery and "bottom" surgery to discuss what type of surgery they are having without having to be more explicit.

stealth - adj. : a trans person who is not "out" as trans, and is perceived by others as cisgender.

straight - adj. : a person primarily emotionally, physically, and/or sexually attracted to people who are not their same sex/gender. A more colloquial term for the word heterosexual.

They/them - alternate pronouns that are gender neutral and preferred by some trans people. They replace "he" and "she" and "his" and "hers" respectively. Alternatively some people who are not comfortable/do not embrace he/she use ze / zir / "zee", "zerr" or "zeer"/



third gender - noun: for a person who does not identify with either man or woman, but identifies with another gender. This gender category is used by societies that recognise three or more genders, both contemporary and historic, and is also a conceptual term meaning different things to different people who use it, as a way to move beyond the gender binary.

top surgery - noun: this term refers to surgery for the construction of a maletype chest or breast augmentation for a female-type chest.

trans – adj. : An umbrella term covering a range of identities that transgress socially defined gender norms. Trans acts as an abbreviation but is also used to specifically include nonbinary identities, as well as transgender men (transmen) and transgender women (trans women).

transgender – adj.: A person who identifies (and often lives) as a member of a gender other than that assigned at birth based on anatomical sex. A trans person can be straight, gay, bisexual, queer, or any other sexual orientation as being trans refers to gender identity and not sexual orientation.

transition / transitioning – noun, verb this term is primarily used to refer to the process a trans person undergoes to live as the gender they know they are deep down. Social transition refers to the steps taken to be recognised as the gender they are (e.g. changing name, pronouns, appearance, gender on birth certificate and official documents etc.). Medical Transition refers to taking steps to align ones' body and sex characteristics with ones' gender identity. This can involve taking cross hormones and/or surgery. o NB each person's transition will be different and not all trans people medically transition.



transman; transwoman – noun : An identity label sometimes adopted by female-to-male transgender people or transsexuals to signify that they are men while still affirming their history as assigned female sex at birth. (sometimes referred to as transguy) 2 Identity label sometimes adopted by male-to-female transsexuals or transgender people to signify that they are women while still affirming their history as assigned male sex at birth.

transphobia – noun: the fear of, discrimination against, or hatred of trans people, the trans community, or gender ambiguity. Transphobia can be seen within the queer community, as well as in general society. Transphobia is often manifested in violent and deadly means. While the exact numbers and percentages aren't clear, it's safe to say that trans people are far more likely than their cisgender peers (including LGB people) to be the victims of violent crimes and murder.

Transphobic – adj. : a word used to describe an individual who harbours some elements of this range of negative attitudes, thoughts, intents, towards trans people.

transsexual – noun and adj. : a person who identifies as a gender/sex other than the one to which they were assigned at birth. Transsexuals often wish to transform their bodies hormonally and surgically to match their inner sense of gender/sex. Some trans people do not like this term as it often brings about confusion due to the use of 'sexual' in it. Other do not like the focus it brings on biological sex and medical transition rather than gender identity.

transvestite - noun: a person who dresses as the binary opposite gender expression ("cross-dresses") for any one of many reasons, including relaxation, fun, and sexual gratification (often called a "cross-dresser," and should not be confused with transsexual).



Document Management

This policy should be read in conjunction with the following policies:

- Strategic Equality Plan
- Inclusion Policy
- Equal Opportunities Plan

Document Ratification

This Policy was presented to Governors on 14th July 2021.

It will be reviewed in **July 2022** or if National and Local Policy or Guideline is updated.

Signed.....

Mrs M Hughes

Chair of Governors