

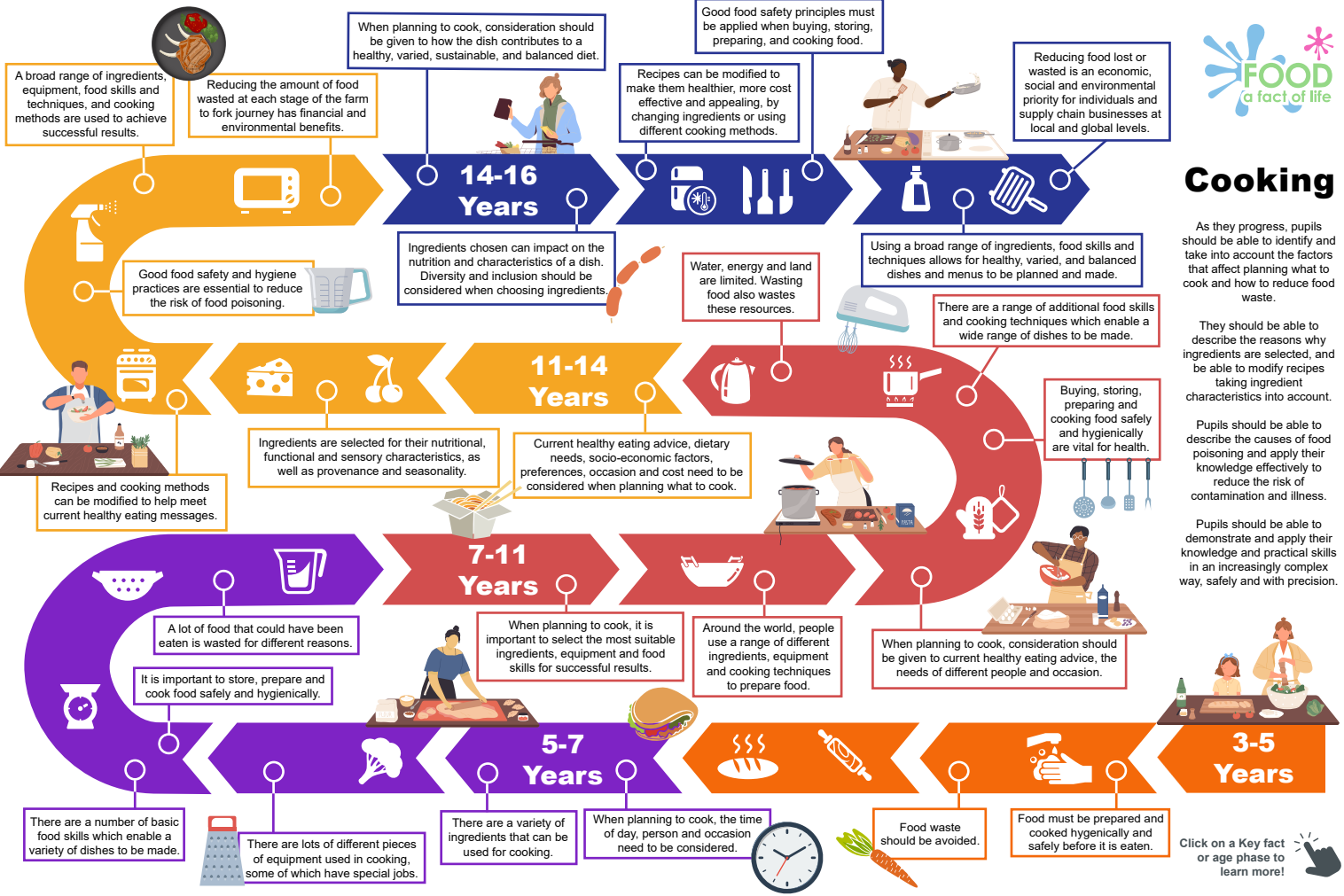
# Cooking

As they progress, pupils should be able to identify and take into account the factors that affect planning what to cook and how to reduce food waste.

They should be able to describe the reasons why ingredients are selected, and be able to modify recipes taking ingredient characteristics into account.

Pupils should be able to describe the causes of food poisoning and apply their knowledge effectively to reduce the risk of contamination and illness.

Pupils should be able to demonstrate and apply their knowledge and practical skills in an increasingly complex way, safely and with precision.



Click on a Key fact or age phase to learn more!